

VILLA FUN RUN

& V GAMES

January 30th, 2016

Parking: South Parking Lot of Camelback High School (off 28th St a& Campbell Entrance)

Check-in/ On-site Registration: At South side of Track by Racquetball Courts

Check-in

9:30 – 10:00	Check-in: Pick up your Scorecard for Points Collection!
10:00 – 10:05	Opening Remarks

FUN Run – Earn 5 Points

10:05 - 10:10	Stretching – Led by Running Club, DJ announces
10:10 – 10:30	FUN RUN (2 laps minimum) – DJ announcement, shotgun start
10:30 – 10:35	Transition to Break-out Session

Break-Out Sessions – Earn 5 points per Session (10 points Total)

10:35 – 11:05	<p>Primary and E1 Students: Choice of one of the following in the Racquetball courts</p> <ol style="list-style-type: none"> 1. Dodgeball Game – Led by After Cool Fitness 2. Obstacle Course – Led by After Cool Fitness 3. Dance – Led by Bricks Studio 4. Yoga – Led by Bikram Yoga AZ <p>E2 Students: Track & Field Games</p> <ul style="list-style-type: none"> • Led by Coach Brian & Running Club
11:05 – 11:10	~~~~~ Transition / Switch ~~~~~
11:10 – 11:40	<p>E2 Students: Choice of one of the following in the Racquetball courts</p> <ol style="list-style-type: none"> 1. Dodgeball Game – Led by After Cool Fitness 2. Obstacle Course – Led by After Cool Fitness 3. Dance – Led by Bricks Studio 4. Yoga – Led by Bikram Yoga AZ <p>Primary & E1 Students: Track & Field Games</p> <ul style="list-style-type: none"> • Led by Coach Brian & Running Club

Dance – Earn 5 Points

11:40 – 12:00	Congregation at DJ! Dance Party! We did it!
---------------	---

Family Picnic

12:00 – 1:00	<p>Entertainment: DJ, Balloon Entertainer, Face Painting</p> <p>Food Options: Food Trucks for purchase (Romos Tacos & Jamba Juice)</p> <p>Drinks and Energy Snack bars complementary; Bring Own Food Optional!</p>
--------------	--